

COMING SOON TO

# WINGS

## NOV-DEC-JAN 2019-2020 COURSES

**PRE-REGISTRATION REQUIRED!**

PLEASE EMAIL US OR CALL OUR OFFICE TO LEAVE A MESSAGE

*\* Limited Slots Available \**

MONDAY | 11:30 AM

**MRS. VIVI KEILSON**

### DRAWING W/ COLORED PENCILS

Unlock your inner creativity and develop a new skill! This course is for beginner and advanced artists.

*Non-Members: \$175 | Plus \$10 Supply Fee*

MONDAY | 9:00 PM

**MRS. ESTEE KUSHNER**

### SHALOM BAYIS- PART 2

Learn to appreciate and maximize the differences in personality between you and your spouse through emotional regulation and effective communication.

*Non-Members: \$200*



Course continued from last season

NEWCOMERS WELCOME!

MONDAY | 12:30 PM

**MRS. ESTEE KUSHNER**

### SHALOM BAYIS- PART 1

Learn to appreciate and maximize the differences in personality between you and your spouse through emotional regulation and effective communication.

*Non-Members: \$200*



Course starting from the beginning

TUESDAY | 10:15 AM

**MRS. SARAH MASSRY**

### WRITING FOR PUBLICATION

Raise the level of your writing while benefiting from hands on instruction and support by a published author. For beginner and advanced writers!

*Non-Members: \$175*

WEDNESDAY | 10:00 AM

**MRS. SARALA HERSHKOWITZ**

### A JOURNEY TO SELF

Become more self aware while identifying your individual strengths using music, art and journaling.

*Non-Members: \$200 | Plus \$10 Supply Fee*

#### REGISTERED COURSES REQUIRE

FOUR MONTH MEMBERSHIP COMMITMENT (\$120 VALUE)

OR REGISTRATION FEE

#### KEY

. . . . .Married Women Only

. . . . .Single Girls Only

# NOVEMBER 2019 WEEKLY CLASSES

MONDAY | 7:30 PM

**RABBI SADYA GRAMA**  
**YESODOS IN HASHKAFKA**

Living a wholesome life with the true torah perspective.

TUESDAY | 8:00 PM

**RABBI YERACHMIEL MILSTEIN**  
**BECHIRA**

Free will-your ticket to greatness!

WEDNESDAY | 8:00 PM

**HARAV YITZCHAK DWEK** SHLITA  
(NOV 6<sup>TH</sup> & 20<sup>TH</sup>)  
**A LIFE OF BITACHON**

Stop worrying and start living!

TUESDAY | 11:30 AM

**VIDEO MESSAGE BY**  
**MRS. TAMMY KARMEI**  
**A DOSE OF INSPIRATION**

Join the thousands of women inspired by Mrs. Karmel's journey as she battles ALS.

TUESDAY | 9:00 PM

**MRS. MIRIAM RIBIAT** (NOV 6<sup>TH</sup> & 20<sup>TH</sup>)  
**SUPPORT THROUGH LOSS**

Women who have lost a parent as an adult join together to find inner peace and support.

**& MRS. CHAVI OHAYON**   
(NOV 13<sup>TH</sup> & 27<sup>TH</sup>)  
**A LIFE WITH PERSPECTIVE**

Understanding ourselves & facing adversity with strength.

TUESDAY | 12:50 PM

**MRS. TEHILLA GAILER**  
**SEFER TEHILLIM**

Finding meaning in Dovid Hamelech's composition of Sefer Tehillim.

WEDNESDAY | 11:30 AM

**MRS. REENA MARTON**   
**SHALOM BAYIS**

Refresh your halacha skills and gain a beautiful hashkafic outlook on marriage.

THURSDAY | 9:50 AM

**HARAV AVROHOM SNYDER** SHLITA  
**PARSHAS HASHAVUAH**

Weekly insights & life lessons gleaned from the Parsha.

TUESDAY | 4:00 PM

**RABBI SHMUEL CHAIM WEISBERG**  
**LIFENOTES**

A collection of practical and inspiring thoughts based on various Sifrei Mussar.

WEDNESDAY | 12:55 PM

**MRS. CHAVI OHAYON**  
**SEFER BEREISHIS**

A deeper look at the building of our foundation, as a guide to the building of our future.

THURSDAY | 10:30 AM

**MRS. LEAH LUSTIGER**  
**BACK TO THE BASICS**

Tefilla; the essence of our relationship with Hashem.

THURSDAY | 7:30 PM

**COMING SOON...**  
**SO.A.R - soCIALIZE AND RELAX** 

An evening for single women.

SAVE THE DATE



**LUNCH & LEARN**  
ROSH CHODESH CHESHVAN

**\$15**  
ADMISSION  
NON-MEMBERS

.....  
**MRS. HINDY KUPERWASSER**  
**LIVING INSPIRED ALL YEAR ROUND**  
.....

WEDNESDAY, OCTOBER 30<sup>TH</sup> | 12:00 PM

FOLLOWED BY



.....  
**A MUSICAL JOURNEY**  
.....

LED BY  
**MRS. DINA STORCH**

SIGN UP FOR UPDATES & REMINDERS **TEXT** 732.662.2502